

WEST MICHIGAN COUNSELING ASSOCIATION

Newsletter - September 2015

A Note from The President

Greetings and Happy Fall

I have worked as a school counselor at Crestwood Middle School [Kentwood Public Schools] for over ten years and enjoy my job very much. As you know, working in the counseling field can be at times emotionally taxing, lonely and thankless. However, as I look back on the 7 years I have been involved with the West Michigan Counseling Association, the opportunity to take on leadership roles and network has been both fulfilling and exciting. My professional life has been both enhanced and enriched by the WMCA. My hope is that you can have as much of a positive experience as I have too as either a current member or a future member too!

On behalf of the WMCA Executive Board, I'm excited to invite you to our Fall Conference on October 9, 2015 at ITT Technical Institute, Wyoming MI. Please be sure to see our conference highlights below as we have a great day of professional development and networking planned!

I look forward to seeing you at the 2015 Fall Conference!

Thank you for supporting WMCA,
Shanna Bell
WMCA President

2015 FALL CONFERENCE HIGHLIGHTS

KEYNOTE ADDRESS - SUICIDE AWARENESS AND EMPATHIC LISTENING

Brandon Bassham, LMSW, Forest View Hospital

MINDFULNESS

Cheryl Blackington, MA, Grand Rapids Center for Mindfulness

LOOKING THROUGH THE LENS OF NEUROFEEDBACK; REFLECTIONS AND OBSERVATIONS

Molly Raaymakers, MA, LLP, Neurofit, Center for Human Potential

MENTAL HEALTH, SUICIDAL IDEATION, SYMPTOMS, AND RESPONSE FROM A COGNITIVE-BEHAVIORAL PERSPECTIVE

Brandon Bassham, LMSW

ROUND TABLE PRESENTATIONS

- CHADD - Linda Brauer, BS Ed., MSW, Director Grand Rapids Chapter of CHADD
- Children's Assessment Center - Lori Vanharmelen, Clinical Supervisor
- Cherry Street Health Services- Rebecca London, LMSW, CAADC, Clinical Supervisor
- Grand Rapids Center for Mindfulness - Cheryl Blackington, MA
- Kent ISD – Youth Mental Health First Aid - Steve Dieleman

FACILITATED COLLABORATION TIME

Meet with colleagues in your area of practice: high school counseling, middle/elementary school counseling and private practice to share ideas and discuss current issues.